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## TRACE METAL DISTRIBUTION IN VELI LAKE, TRIVANDRUM, KERALA, SOUTHWEST COAST OF INDIA

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Abstract: The distribution of trace metals such as Copper, Zinc and Lead in water, sediment and biota of Veli lake, a typical tropical bar built estuary in Kerala was estimated in three seasons namely monsoon (June-September), post-monsoon (October-January) and pre-monsoon (February-May). Among the trace metals studied, Copper was found to be the most abundant and Lead was the least in water, sediment and biota. In water, Zinc and Lead did not show significant seasonal variation. The study indicated that the concentration of all these three trace metals varied significantly between fishes. Copper concentration in water and sediment was recorded as very high in monsoon season, Zinc in post-monsoon and Lead in sediment showed high in monsoon season. It is a well-known fact that no organic life can develop and survive without the participation of metal ions and therefore some of these trace metals or micronutrients are essential to sustain biologic life. In this case, Copper and Zinc are essential elements, whereas Lead is nonessential as well as toxic to aquatic life. This study will through light on the extent and environmental ramification of heavy metal concentration in Veli Lake, which pose a serious threat to the living aquatic resources if these elements particularly the non-essential elements exceed the accepted permissible limit in aquatic systems.

Key words: Bar-built estuary, Trace metals, Biomonitoring, Bioaccumulation, Veli Lake.

#### INTRODUCTION

Ocean and coastal waters are one of the major resources for a variety of human activities like fisheries, agriculture, navigation, oil and mineral exploration and waste disposal (IMCO *et al.*, 1982). But in recent years man made sources have substantially increased the flux of many pollutants to the marine environment *via* atmosphere, surface runoff and direct discharge. The elevated concentration of such pollutants in the water body makes it unfit for biological consumption. The deterioration of water quality influences not only the aquatic biotic processes but the terrestrial life activities also. The impact of aquatic pollution may cause severe health hazards even to human life.

Heavy metals form a dangerous group of potentially hazardous pollutants, particularly in estuaries and nearshore waters (Bryan, 1984). High concentrations of heavy metals in the aquatic environment constitute serious threat to the aquatic life. Not only these substances involved are very toxic but they are also very persistent. The persistence of these substances leads to the concentration and bioaccumulation of them in living organism and can be transferred from one member to the other of the food chain. Bioaccumulation of these chemicals will reduce the quality of the commercial fishery products. The enrichment of trace metals within certain animals and their transfer through food chain to higher animals invite danger to man. High amounts of Zinc and Copper would cause symptoms of nausea and vomiting, the toxic effect of mercury is well known (Lakshmanan and Nambisan, 1977). Tragedies like 'Minamata' disease by mercury poisoning, 'itai-itai' disease by the intoxification of Cadmium, Zinc and Lead (Kobayashi, 1971) and occurrence of plumbism in man by lead poisoning were reported (Williams and Bobby, 1979).

Coastal marine ecosystems are vulnerable to adverse impacts from various urban and industrial developmental activities, which could facilitate the disposal of several chemical agents, with consequent degradation in the water quality causing serious health hazards to the aquatic organisms (Naqvi *et al.*, 2000; Jayakumar *et al.*, 2001; Balachandran *et* 



Fig. 1. Location map showing study sites

during the digestion process. While heating of samples, brown fumes of NO<sub>2</sub> started to evolve. The digestion process was continued until the brown fumes of NO<sub>2</sub> become colourless. When the solution become colourless and brought down to near dryness the digested samples were taken out of the hot plate and kept for a while for cooling down to room temperature. Aliquots of double-distilled water were added along the sides of the flask and rinsed the flask thoroughly with the contents. The digested samples with distilled water were filtered down through Whatmann No.40 filter paper into a 25 ml volumetric flask and the same was made up to 25 ml by adding aliquots of double distilled water. The made up samples (25 ml) were transferred into plastic vials and stored in the refrigerator for further analysis of metals by using the method, Atomic Absorption Spectrophotometer. Sample preparation was done as per the standard method (EPA, 1972; APHA, 1978). Standards of all the elements were prepared as per the preparation protocol of APHA (1978, 1985, 1998) and the calculation of the selected metals in selected tissues; water and sediment were calculated as per the following formula, Concentration of the metal in the sample

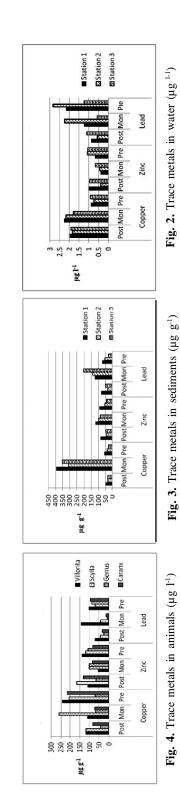
AAS reading x Vol. of sample x dilution factor (if any)

Dry weight of the material (g) and the results were expressed as  $\mu$ g. l<sup>-1</sup> for water and  $\mu$ g. g<sup>-1</sup> air dry wt. for sediment and tissues

### **RESULTS AND DISCUSSION**

The distribution of trace metals in water, sediment and biota of Veli Lake during three seasons were estimated and summarized in Table I and Figs. 2-4. The whole investigation period is divided in to three seasons premonsoon (February-May), monsoon (June-September) and postmonsoon (October-January). Analysis of variance of the different parameters was carried out and the data are included in Table 2. Studies showed that Copper was the most represented element among the three metals under investigation. In water and sediment high concentration of Copper were observed in all the stations during monsoon season and the seasonal mean range from 0.72  $\mu$ g l<sup>-1</sup> to 2.27  $\mu$ g l<sup>-1</sup> (Table 1). The maximum mean concentration in sediment  $(393.67 \ \mu g \ g^{-1})$  was registered at station 1 and minimum (30.73  $\mu$ g g<sup>-1</sup>) at station 3. Results of ANOVA show that the Copper content in water, sediment and soft tissues did not show significant variation between the three stations. But significant variation is observed in the monthly and seasonal values. No positive correlation was observed between the copper content in water and sediment. High values of Copper were determined in the soft tissues than sediment and water. Among the animals the maximum concentration was determined in Scylla followed by Villorita and fishes. In Villorita the maximum seasonal mean values  $(271.75 \ \mu g \ g^{-1})$  was observed during postmonsoon season at station 1.

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				Stat	Stations				Animals	als	
	M	Water			Sec	Sediment					
		1	2	3	1	2	3	Villorita	Scylla	Gerrus	Caranx
Copper	Mon	$2.27\pm0.55$	Copper Mon 2.27±0.55 2.17±0.39 1.78±0.23 393	$1.78\pm0.23$	393.67±112.11	$305.83\pm61.36$	$352.55 \pm 104.42$	$111.4\pm 29.31$	258.33±143.88 66.34±9.44	$66.34 \pm 9.44$	$71.28\pm19.12$
	Pre	$0.89\pm0.23$	$0.72 \pm 0.11$	$0.9\pm 0.32$	$59.4\pm10.24$	$40.51\pm6.57$	$30.73\pm2.03$	$242.44\pm51.68$	$203\pm94.49$	$68.28\pm3.92$	$216\pm57.01$
	Post	$1.97\pm0.66$	$1.82 \pm 0.81$	$1.91\pm0.96$	$48\pm 9.16$	$35.01\pm0.52$	$34.88\pm 2.93$	$120.4 \pm 74.41$	$118.1\pm 33.4$	$42.05\pm 5.91$	$81.38\pm53.45$
Zinc	Mon	$0.39\pm0.22$	$0.43\pm0.08$	$0.66\pm0.08$	$119.56\pm 8089$	$97.22\pm 8.14$	$89.03\pm11.20$	$54.07\pm6.95$	$102.19\pm 8.82$	$101.9\pm 5.0$	$82.88 \pm 15.29$
	Pre	$0.68\pm0.16$	$1.06\pm0.37$	$1.05\pm0.47$	$1.06\pm0.37$ $1.05\pm0.47$ 93.01±18.9	$53.63\pm14.63$	$43.87 \pm 4.74$	$138.83\pm 29.07$	$118.73\pm9.16$	$108.46 \pm 11.6$	$80.94 \pm 4.81$
	Post	$0.99\pm0.25$	$0.38 \pm 0.06$	$0.94 \pm 0.47$	$0.38\pm0.06$ $0.94\pm0.47$ $83.97\pm8.09$	$43.38\pm3.21$	$46.37\pm8.67$	$109.94 \pm 9.79$	$165.18\pm9.01$	$64.13\pm19.56$	$130.53\pm 14.81$
Lead	Mon	$1.23\pm0.87$	$2.24\pm 2.14$	$0.57\pm0.19$	$2.24\pm 2.14$ $0.57\pm 0.19$ $125.05\pm 12.0$	$138.83\pm18.84$	$202.15\pm30.5$	$143.29\pm 48.83$	$40.89\pm16.74$	$7.4 \pm 4.17$	$13.4\pm 13.2$
	Pre	$2.18\pm 1.49$	$2.83\pm1.86$	$1.23\pm$	72.63±24.79	55.5±51.42	$29.3\pm11.59$	$103.44 \pm 36.93$	$69.2 \pm 7.35$	$86.65\pm 20.32$	92.74±9.82



**Table 1.** Trace metals (ug 1-1) in water sediment and animals (ug g-1 air drv wt.) from Veli Lake(Mean± S.D).

 $34.1\pm10.91$ 

 $25.43\pm 13.6$ 

 $43.88 \pm 4.91$ 

 $71.14\pm 23.19$ 

 $51.5\pm 4.08$ 

 $35.88 \pm 7.40$ 

80.7±22.09

 $1.1\pm0.66$ 

 $0.56\pm0.31$ 

 $0.86 \pm 0.33$ 

Post

The concentration in Villorita was well correlated with that of fishes. In Scylla the maximum values for seasonal mean was determined during monsoon (285.33  $\mu$ g g<sup>-1</sup>) and minimum during premonsoon season (118.10  $\mu$ g g<sup>-1</sup>). The tissue concentration in Scylla is positively correlated with that of Gerrus. Among fishes Caranx recorded high values of Copper. All three species of fishes maximum concentration was observed in the postmonsoon season. There is significant variation in Copper content during different seasons and different months.

In animal tissues high Zinc content was noticed during postmonsoon season. The distribution of Zinc shows no significant variation in concentration between the three stations. Eventhough the monthly values differ slightly, the seasonal mean show that the variation is not significant. Station 2 showed slightly high values of seasonal mean and station 1 had low values. In sediment the concentration of Zinc appeared to be seasonally dependent with high levels (119.56 µg g<sup>-1</sup>) occurring in all stations during monsoon and low levels (43.87 µg g<sup>-1</sup>) in premonsoon season (Fig 3). Zinc concentration in Villorita from the two sampling sites was apparently similar in magnitude and statistical analysis failed to resolve significant inter locational difference. The distribution of Zinc in the bivalve mollusc seems to be well influenced by season (Table 2). The highest and lowest values recorded were 160.08 µg g<sup>-1</sup> and 90.43 µg g<sup>-1</sup> observed at station 1 and 3 respectively. The concentration of this metal was found to be more or less uniform during periods within seasons (Table 2). As in Copper, the Zinc content was comparatively high in Villorita from station 3 during all seasons. Seasonal and monthly variations in zinc concentration were not significant (Table 2). The maximum seasonal mean value is 165.18 µg g<sup>-1</sup> and the minimum 102.19 µg g<sup>-1</sup>. Seasonal and monthly variation in Zinc concentration was not significant (Table 2). The maximum seasonal value is 165.18  $\mu g g^{-1}$  and the minimum 102.19  $\mu g g^{-1}$  during premonsoon and monsoon respectively. Zinc content in Scylla showed positive correlation with Caranx and water concentration. In fishes considerable variation (p < 0.05) between the concentration of Zinc in the 2 species of fishes observed. Gerrus recorded high values followed by Caranx (Table 1).

Tissues showed high values of Lead content than sediment and water. Lead content in Villorita was fond to be higher than in other organisms (Table 1). In water the concentration of Lead was below the detection limit during certain months (December, January, March and August) in all the three stations (Fig.2). Like Copper the concentration of Lead is also almost similar in all the stations and during all seasons, though monthly values differ slightly (P < 0.05). There is not much variation of lead concentration in sediment between the three stations. Monthly variations are in significant. Mean values were different during different seasons ranging from 29.30 to 202.15  $\mu$ ng g<sup>-1</sup> in station 3 during premonsoon and monsoon respectively. In Villorita the tissue concentration of Lead seems to be almost similar from staion1 and 3. Seasonal and monthly variations are found to be significant (P < 0.05, P <0.01). The maximum seasonal mean concentration 188.50 and minimum 64.75  $\mu$ g g<sup>-1</sup> was obtained during monsoon and premonsoon seasons respectively in specimens collected from station 3. The maximum Lead concentration in Scylla was observed during postmonsoon (69.20 µg g<sup>-1</sup>) and minimum during monsoon (40.89  $\mu$ g g<sup>-1</sup>). The concentration of Lead in Scylla is found to be positively correlated with that of water and Caranx. Among animals, Scylla recorded high values (0.2- $3.84 \ \mu g \ g^{-1}$ ) and very low values in Gerrus (Fig.4). The present study clearly demonstrated that the different seasons greatly influenced the concentration of trace metals in water, sediment and tissues. The present results showed that Copper was the most dominant element among the three elements determined. The order of incidence of Copper, Zinc and Lead in the selected organisms, sediment and water were Scylla > Villorita > Fishes > Sediment > Water.

Among the trace metals studied, Copper was found to be the most abundant element and cadmium the least in water, sediment and biota. In water, Zinc and Lead did not show any marked seasonal variations. The study indicated that the concentration of all these three trace metals varied significantly between fishes. Copper concentration in water and sediment was the maximum during monsoon; however, Zinc concentration in water and sediment Table 2. Analysis of Variance of Trace Metals in Water, Sediment and Tissues

Source df ss   Water 35 76.388   Total 35 76.388   Stations 2 0.21   Stations 2 0.21   Seasons 9 62.85   Error 22 2.59   Sediment 35 1112650   Stations 2 10077.38   Seasons 2 2.59   Settions 22 2.59   Stations 2 10027.38   Seasons 2 765242.3   Periods within Seasons 9 279500.5   Error 22 57880.06 10027.38   Seasons 2 765242.3 2   Periods within Seasons 9 279500.5   Error 22 57880.06 1   Total 23 325548.8   Stations 1 7169.75		F value	SS		t -		ssm	E value
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vithin Seasons 9 2 2 1 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	0.11 5.36		11.47			179.2		
vithin Seasons 9 vithin Seasons 9 vithin Seasons 9 22 23 23 23 23 23 23 23 23 23	5.36	0.91	0.44	0.22	1.05	4.99	2.49	0.76*
within Seasons 9 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	2	45.56**	1.19	0.59	2.82	9.35	4.67	1.43
at 22 24 25 25 22 22 22 22 22 22 23 24 24 24 24 24 25 25 25 25 22 23 24 24 24 24 24 24 24 24 24 24 24 24 24	6.98	59.33**	5.2	0.58	2.74*	93.11	10.35	3.17*
at 35 within Seasons 9 22 23 23 1	0.12		4.64	0.21		71.75	3.26	
35 35 within Seasons 9 22 a 3								
within Seasons 9 22 a	0		37474.64			167558.5		
2 within Seasons 9 a 23 1	38 5013.69	1.91	10862.11	5431.06	$10.27^{**}$	2276.78	1138.39	0.39
within Seasons 9 22 a 1	.3	145.43**	13786.7	6893.35	$13.03^{**}$	81833.94	40916.97	$14.00^{**}$
22 23 23	.5 31055.61	$11.80^{**}$	1190.09	132.23	0.25	19150.22	2127.8	0.73
<b>-</b> - -	06 2630.91		11635.73	528.9		64297.59	2922.62	
23								
-	8.8		38454.88			149118.8		
	5 7169.75	2.05	3170.72	3170.72	3.52	5077.41	5077.41	2.47
Seasons 2 85744.38	38 42872.19	$12.24^{**}$	8079.66	4039.83	4.49**	20897.13	10448.56	5.08*
Periods within Seasons 9 194102	21566.89	$6.15^{**}$	17304.59	1922.73	2.14	100536.3	11170.71	$5.44^{**}$
Error 11 38532.63	63 3502.97		9899.91	66.668		22607.94	2055.27	
Scylla and Fishes								
Total 47 775349.	.1		56789.13			58500.92		
Stations 3 129191.8	.8 43063.94	3.27*	21538.13	7119.38	8.34**	9806.91	3268.97	$4.83^{**}$
Seasons 2 46073.25	25 23036.63	1.75	2941.31	1470.66	1.72	18297.31	9148.66	$13.51^{**}$
Periods within Seasons 9 165861.3		1.4	4319.5	479.94	0.56	8050.95	895.55	1.32
Error 33 434222.8	2.8 13158.27		28170.19	853.64		22345.75	677.14	
Fishes								
Total 35 247024.2	1.2		42425.94			49451.95		
Stations 2 25754.69	69 12877.34	3.47*	18442	9221	$10.26^{**}$	6991.89	3495.95	4.39*
Seasons 2 43589.03	03 21794.52	5.87**	86.56	43.28	0.05	17190.48	8595.24	$10.78^{**}$
Periods within Seasons 9 96040.13	13 10671.13	2.88*	4124.22	458.25	0.51	7731.47	857.05	1.08
Error 22 81640.81	81 3710.95		19773.16	898.78		17538.1	797.19	

\* (P< .05) \*\* (P< .01)

had the maximum during postmonsoon and monsoon respectively. Among the animals, zinc concentration was the maximum in *Scylla serrata* and marked variation between the three fishes were noticed. In *Villorita cyprinoides*, seasonal fluctuation was well marked. High lead concentration was noticed in the sediment during monsoon. The tissue concentrations of lead differed markedly between different fishes and the seasonal changes were remarkably highlighted.

Among the trace metals studied, Copper was found to be the most abundant element, It was similar with the findings of Dipu and Anju (2012) that a very high concentration of Cu was noticed in all the samples compared with the standard value (30 mg/ kg- USPHS 1997) in the sediments of Cochin estuary. Investigations by earlier workers like Wright (1978), Denton and Jones (1981), Lakshmanan and Nambisan (1983), Rajendran and Kurian (1986) and Nair et al. (1987) indicated seasonal variation in trace metal content in the different compartments namely, water, sediment and biota. Wright (1978) suggested that the natural metal levels in the aquatic systems are affected by temperature, salinity, suspended matter and industrial sources and these factors have an important bearing on the bioaccumulation of heavy metals, moreover the metal concentration decreased towards the bar mouth region where the salinity was high (Rajendran and Kurian, 1986; and Nair, 1990). The trace metal concentration in sediment revealed comparatively low values during premonsoon than in other two seasons. Nair et al. (1987) in the sediments of Ashtamudi estuary and Anju et al. (2011) in Cochin estuary and Periyar River also reported similar values. The present study results showed a positive correlation between the metal concentration in sediment and tissues. Cross et al. (1970) reported that it is difficult to correlate metal concentration in organisms with those in the sediment. Trace metal concentration in sediment indicated that the concentrations are hundred times greater than that of water. Carol et al. (1978) suggested that the higher concentration of trace metals in sediment than in water is due to the adsorption of metals by the sand causing a reduction of the concentration in the water immediately over the surface of the sand.

From the present study it was observed that, the concentration of all the three trace metals in the tissues was found to be several times more than that present in water. The observations by Brooks and Rumsby (1965), Pringle *et al.* (1968) and Fernandez and Jones (1989) indicated that aquatic invertebrates have the ability to concentrate copper and other metals several thousand fold above the ambient water levels. This view has been further supported by Lakshmanan and Nambisan (1986) in the case of tropical bivalve, *Perna viridis* of Cochin backwaters. Investigation by Sivadasan and Nambisan (1988) in Cochin backwaters showed a decrease of zinc concentration in water during monsoon and this view was attested by the present study results.

Lead concentration in Villorita cyprinoides was found to be high compared to the other animals and the result showed marked variation in different seasons and also at different stations. It is a well known fact that no organic life can develop and survive without the participation of metal ions, and therefore some of these trace metals or micronutrients are essential to sustain biologic life. The results of this study clearly revealed that Veli Lake is having detectable levels of trace metals and the animals, sediment and water from Veli Lake reflected a true replica of the same. The concentrations detected in the animals and sediment is more or less similar in their concentration, but water had considerably lower concentration than the other two compartments. Both the essential and non essential elements are exhibited in all the three compartments of Veli Lake in permissible limits and hence there is no reason for concern. It is also important that there should be a constant vigil on the discharge of wastes in to the water body as they will enhance the overall input of trace metals which will badly affect the health status of life in aquatic systems.

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